

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <a href="#">Lightened Up Chicken Pot Pie w/ Mixed Greens Salad</a>	2 <a href="#">Kale, Turkey, &amp; Black Bean Tacos w/ Easy Guacamole</a>	3 <a href="#">Grilled Orange Sesame Chicken w/ Vegetables on brown rice</a>	4 <a href="#">Roast Chicken &amp; Sweet Potatoes w/ Easy Beet &amp; Goat Cheese Salad</a>	5 <a href="#">Mini Meatloaves w/ Roasted Broccoli, Creamy Mashed Potatoes, &amp; peas</a>	6 <a href="#">Spicy Sausage, Potato, &amp; Kale Soup w/ GF Garlic Cheddar Drop Biscuits</a>
7 <a href="#">Slow Cooker Shredded Mexican Chicken on tacos w/ lettuce, tomatoes, &amp; avocado</a>	8 <a href="#">Chicken Broccoli &amp; Mushroom Stir-Fry on brown rice</a>	9 <a href="#">One Pot Spaghetti w/ Meat Sauce w/ salad &amp; green beans</a>	10 <a href="#">Buttered Cod w/ Oven Roasted Sweets &amp; Beets &amp; Roasted Broccoli</a>	11 <a href="#">Easy Balsamic Glazed Steak Tips &amp; Mushrooms on brown rice w/ Oven Roasted Green Beans</a>	12 <a href="#">Grilled Chicken w/ Vegetable Quesadillas on whole wheat tortillas w/ Easy Guacamole</a>	13 <a href="#">Slow Cooker Taco Soup w/ corn chips, cheese, &amp; avocado slices</a>
14 <a href="#">Lentil, Carrot, &amp; Kale Soup w/ Gluten-Free Corn Muffins</a>	15 <a href="#">Honey Mustard Salmon w/ Garlic Parmesan Roasted Broccoli &amp; Cheesy Mashed Potato Casserole</a>	16 <a href="#">Best Steak Fajitas w/ black beans &amp; Guacamole</a>	17 <a href="#">Cheesy Bacon Chicken w/ Savory Roasted Red Potatoes &amp; peas</a>	18 <a href="#">Skinny Fish Tacos w/ Cilantro-Lime Crema &amp; Quick Mexican Brown Rice</a>	19 <a href="#">Balsamic Honey &amp; Mustard Pork Chops w/ Smoky Roasted Sweet Potatoes &amp; Roasted Broccoli</a>	20 <a href="#">Melt in Your Mouth Best Pot Roast w/ carrots &amp; potatoes &amp; Pickled Beets</a>
21 <a href="#">Santa Fe Black Beans w/ Sautéed Kale &amp; Corn Muffins</a>	22 <a href="#">Spicy, Sweet, Sticky Chicken Thighs w/ Colcannon &amp; Roasted Beet Salad w/ Goat Cheese &amp; Chickpeas</a>	23 <a href="#">Classic Ground Beef Tacos w/ Spanish Rice &amp; Guacamole</a>	24 <a href="#">Honey Garlic Meatballs w/ Honey-Glazed Carrots, Creamy Mashed Potatoes &amp; salad</a>	25 <a href="#">Sweet Potato Skillet Tex-Mex Style w/ black beans</a>	26 <a href="#">Low-Carb Burgers w/ Oven-Roasted Sweet Potato Fries &amp; Winter Fruit Salad</a>	27 <a href="#">Homemade Pizza w/ salad</a>
28 <a href="#">Tender Slow Cooker Whole Chicken w/ carrots &amp; potatoes, green beans</a>	29 <a href="#">Moroccan Spiced Grilled Chicken Breasts w/ Butter &amp; Honey-Glazed Carrots on brown rice</a>	30 <a href="#">Barbecue Pulled Chicken w/ Broccoli &amp; Cheddar Twice Baked Potatoes</a>	31 <a href="#">Healthy Turkey Chili w/ Corn Bread</a>			

